

## GUAM WIC PROGRAM REFERRAL FORM WOMEN

PRECERT # \_\_\_\_\_

Date of initial request for WIC services: \_\_\_\_\_ Date of WIC appointment: \_\_\_\_\_  
 Lab slip provided: Y N      Introductory WIC handout provided: Y N      WIC staff initial: \_\_\_\_\_

A. Applicant's Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_  
 Date referred to WIC: \_\_\_\_\_ Referred by: \_\_\_\_\_ Agency: \_\_\_\_\_

B. Note: All data must be less than 60 days old at WIC appointment date.

### PREGNANT WOMEN

Date data taken:	Height in inches:	Weight in pounds and ounces:	Date test:	Hgb or Hct:
EDC:	Pre-pregnant weight:	Date Last Pregnancy Ended:		

### POSTPARTUM WOMEN

Date data taken:	Height in inches:	Weight in pounds and ounces:	Date test:	Hab. or Hct:	
Date last pregnancy ended:	Number previous pregnancies:	Number of live births:			
INFANT: (this pregnancy only)					
Date of delivery:	Number of infants:	Birth weight:	Birth length:	sex:	Infant condition:
	1			M or F	normal defect stillborn
	2			M or F	normal defect stillborn
	3			M or F	normal defect stillborn

### C. DIAGNOSED NUTRITION RELATED HEALTH PROBLEMS:

- \_\_\_\_\_ Anemia
- \_\_\_\_\_ Nutrient Deficiency Disease (specify) \_\_\_\_\_
- \_\_\_\_\_ Gastrointestinal Disorder (specify) \_\_\_\_\_
- \_\_\_\_\_ Diabetes mellitus
- \_\_\_\_\_ Gestational Diabetes
- \_\_\_\_\_ Thyroid Disorder (specify) \_\_\_\_\_
- \_\_\_\_\_ Chronic Hypertension
- \_\_\_\_\_ Renal Disease (not infections)(specify) \_\_\_\_\_
- \_\_\_\_\_ Cancer (specify) \_\_\_\_\_
- \_\_\_\_\_ CNS Disorders (specify) \_\_\_\_\_
- \_\_\_\_\_ Genetic or Congenital Disorders (specify) \_\_\_\_\_
- \_\_\_\_\_ HIV or AIDS
- \_\_\_\_\_ Recent Major Surgery (specify) \_\_\_\_\_
- \_\_\_\_\_ Food Allergy (specify) \_\_\_\_\_
- \_\_\_\_\_ Lactose Intolerance (specify extent) \_\_\_\_\_
- \_\_\_\_\_ History of Preterm Delivery (dates) \_\_\_\_\_
- \_\_\_\_\_ History of Low Birth weight infant (dates) \_\_\_\_\_
- \_\_\_\_\_ History of Infant Birth with Defect (specify) \_\_\_\_\_
- \_\_\_\_\_ Multi fetal gestation - most recent pregnancy \_\_\_\_\_
- \_\_\_\_\_ Fetal Growth restriction
- \_\_\_\_\_ Pica (specify) \_\_\_\_\_
- \_\_\_\_\_ Maternal Depression (specify) \_\_\_\_\_
- \_\_\_\_\_ Alcohol or Illegal Drug use (specify) \_\_\_\_\_
- \_\_\_\_\_ Smoking (specify amount) \_\_\_\_\_
- \_\_\_\_\_ Other Nutrition Related Health Problem (specify) \_\_\_\_\_

Signature of referring medical professional: \_\_\_\_\_ Date: \_\_\_\_\_